

How will I feel while receiving my health care?

As you begin to receive your adjustments, change your diet and supplement your body with our exclusive health-building products, positive changes begin to happen within your body. The ideal reaction is the gradual development of an increased sense of well-being.

At first you will notice that you do not tire so easily. You will have more sustained energy during the day, and you will not become tired so early in the evening. As sense of well-being increases, you may begin to feel more emotionally and psychologically secure. Little things do not bother you as they once did. ***Your old patterns will begin to change from "grumpy" ones to "happy" ones.*** However, in a significant minority, a number of uncomfortable reactions may occur as you begin to physiologically balance your body chemistry and revitalize your immune system through the support of cellular communication. It is not easy for your body to adjust overnight to a long history of inappropriate diet.

The longer the deficiencies have existed, the more prevalent the response is likely to be. Continue to receive your adjustments, take your remedies and make healthy lifestyle choices. Corrective responses that may occur are associated with: fever, rash or hives, excessive gas, runny nose, headaches, insomnia, increased thirst, weakness, lethargy, loss of appetite, nausea, diarrhea, fever blisters, dry mouth, canker sores, constipation, dizziness, nervousness, and various body aches and pains in joints and muscles.

Some people have had nerve interference in their bodies for so long that they may feel no different. They are not sensitive anymore because their system has been subluxated and unhealthy for too long.

Sometimes nerves that were impinged or irritated for years and/or burdened by toxins, are coming “back to life” or healing, and are becoming re-sensitive. Re-awakening pains and symptoms that may have been forgotten by the mind are not forgotten by the body.

When these reactions occur, you can be assured your body is making positive changes toward an improved state of health.

If you recognize these as the ***cleansing response***, it will be easier to accept them as steps on the road to better health. These conditions are a small price to pay for long-lasting benefits.

“We are dedicated to bringing out the best in you”

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